## BODY & KNOWING



Fall 2009 - How do we know the body?

## **BIOMECHANICS**



Images of Vsevolod Meyerhold, from left: portrait by Boris Grigoriev 1916, Meyerhold in his 1906 production of Alexander Blok's *Puppet Show*, portrait by Alexander Golovin.

## Friday, December 11, 3:30 p.m. 125 Nolte

Embodying Gilgamesh: BIOMECHANICS, the Physical Actor Training Method Presentation and demonstration by Vladimir Rovinsky and members of Theatre Novi Most.

Biomechanics is the system of actor training developed by legendary Russian director Vsevolod Meyerhold in the 1920s as the study of the body in motion. This presentation will include a brief lecture about Meyerhold and the method he created, slides and video of his company from the 20s and 30s in Russia, and a live demonstration of the method by Mr. Rovinsky and members of Theatre Novi Most.

Organized by the Embodying Gilgamesh collaborative.